

2010

IMPACT Field Hockey Camp

Daily Schedule

Sunday

9:30 AM	Coaches meeting in Hall of Fame room
11:00 AM	Camper Check-In
1:15 PM	All Coaches head to turf with campers
1:30 PM	Camp meeting on turf
1:45-4:00 PM	Afternoon Session (Take Attendance)
4:00-4:45 PM	Dinner
5:30 PM	Meet Night Team Coaches outside dorm (Take Attendance)
5:45-8:00 PM	Evening Session
10:30 PM	Campers in own rooms
11:00 PM	Lights Out

Monday/Tuesday

7:00 AM	Optional College Fitness Training with Staff
7:45 AM	Meet Day Coaches outside dorm (Take Attendance)
8:00-8:45 AM	Breakfast
8:45 AM	Commuters arrive at turf-Meet Gags
9:00-11:00 AM	Morning Session
11:00-11:45 AM	Lunch
1:30 PM	Meet Day Coaches outside dorm (Take Attendance)
1:45-4:00 PM	Afternoon Session
4:00-4:45 PM	Dinner
5:15 PM	Meet Night Coaches outside dorm (Take Attendance)
5:30-7:30 PM	Evening Session
7:30-8:15 PM	Optional Camper/Staff game
10:30 PM	Campers in own room
11:00 PM	Lights out

Wednesday

7:00 AM	Optional College Fitness Training with Staff
7:45 AM	Meet Day Coaches outside dorm (Take Attendance)
8:00-8:45 AM	Breakfast
8:45 AM	Commuters arrive at turf-Meet Gags
9:00-11:00 AM	Morning Session
11:00-11:30 AM	Camp Meeting (Announcements, Awards, Good Luck) and 30 min ALL STAR GAME
11:30-12:00 PM	Check out. Female coaches must inspect rooms and give approval to each camper.

